Bowman Long

- Mile 0: Take a right out of Sunshine onto Pulaski. Turn right on Hancock behind Sunshine. Go ¹/₄ mile to Thomas Stree and turn left. Go under bridge and straight up North Avenue and cross bypass. Turn left at traffic light onto Freeman Drive. Go straight through all stop signs until you hit dead end/stop sign and turn left on Nowhere Road (Mile 4).
- Mile 4: Take Nowhere Road straight to stop sign at mile 10.1. Continue straight to next stop sign/dead end and turn left on Commerce-Neese Road (Mile 12). Go 300 yards and bear right at fork still on Nowhere Road. Continue straight on Nowhere Road to Hwy. 106 (Mile 15) Cross over and go straight onto Rogers Mill Road. Go straight until dead ends/stop sign at Hwy. 98 (Mile 19)
- Mile 19: Take a right on Hwy. 98, go 1 mile and veer left onto Irvin Kirk Road. Take Irvin Kirk Road to stop sign at Hwy. 29. (Mile 21.5) Go straight across onto Fowler Freeman Road. Continue straight on Fowler-Freeman until dead end/stop sign. (Mile 24). Turn left on Hwy. 191.
- Mile 24: Take Hwy. 191 to dead end/stop sign (Mile 26.) Turn right on Hwy 191 a.k.a. Wildcat Bridge Road.
- Mile 26: Take Wildcat Bridge Road over the Broad River, up hill, and turn right on Parham Town Road (Mile 31)
- Mile 31: Sail all the way down Parham Town Road to dad end/stop sign. (Mile 35). Turn left on Hwy. 172 a.k.a. the Bowman Road. Take 172 all the way into Bowman. Store stop in Bowman on left). At traffic light turn right on Hwy. 17 towards Elberton. (Mile 39). Take Hwy 17 for 5 miles and turn right on the Nickville Road.
- Mile 44.5: Take Nickville Road for 7 mile to dead end/stop sign at Hwy 72. (Mile 52.5) Turn right on Hwy 72. Busy Road—be careful!!) Take Hwy 72 for 3 miles into Carlton at turn left Lexington Road (Mile 55.5). Go 250 yards crossing bridge and turn right on Ralroad Avenue. (Ralroad Avenue runs parallel to Hwy 72 with the rr tracks on your right.) Cruise straight through Carlton and continue straight over the Watson Mill Covered Bridge (Mile 58.5.) Continue straight to stop sign at intersection of Hwy. 22 (Mile 62). Go straight across onto the Collier Church Road. Go to next 4-way stop sign ang go straight Go onto Cawford Smithonia Road. (Mile 65). Continue straight on Crawford Smithonia Road (stay to left fork after 1 mile) for 7.5 miles and turn right on Hargrove Lake Road (Mile 72.5: ATTACK ZONE OPENS)
- Mile 72.5: ATTACK ZONE: Go straight for 6 miles and turn right on Beaverdam Road (Mile 78.5) Go less than 1 mile and turn left on Smithonia Road. Go 1 mile and turn right on Melton Road (Mile 80) (Sprint line is 1 mile ahead.) Go to end of Melton. At dead end/stop sign turn left onto Lem Edwards (Mile 82.5). Take Lem Edwards for 3 miles to dead end/stop sign and turn left on Old Elberton (Mile 85) Follow Old Elberton for 1.5 miles to 4-way stop sign. Go straight across onto Spring Valley. Continue straight on Spring Valley passing through traffic lights to Mile 90.and turn right on Nellie B.
- Mile 90: Take Nellie B 1 mile to dead end/stop sign. Turn right on Vine. Wiggle your way home to Papa.

• About 92 Mile